

Appetizers

Handcut French Fries \$3.50

Loaded Fries \$6

Bacon, Cheddar, Tomatoes, Onions, & Ranch

Buffalo Tater Tots \$4

Cheesy Bacon Tots \$4.50

Sweet Potato Fries \$4

Drizzled with Cinnamon Honey

Specialty Burgers

~Served with homemade chips and a pickle~

Substitute Handcut Fries for 1.99

Substitute Sweet Potato Fries for 2.49

Hamburger

5.49 Single / 7.49 Double

Lettuce, Tomato, Onion, & Mayo

Cheese Burger

6.49 Single / 8.49 Double

Your choice of Cheese, Lettuce, Tomato, Onion, Mayo

Mushroom Swiss

6.99 Single / 8.99 Double

Sautéed Mushrooms, Caramelized Onion, Swiss, & Dijon Mustard

Spicy Bleu

6.99 Single / 8.99 Double

Jalapenos, Lettuce, Bleu Cheese Crumbles, & Sriracha Mayo

Sweet & Spicy Burger

6.99 Single / 8.99 Double

Provolone, Spicy Pepper Jelly, Onion Rings, & Sweet BBQ Sauce

PB & J Burger

6.99 Single / 8.99 Double

Bacon, Cheddar, Crunchy Peanut Butter, & Blackberry Jam

Maple Bacon Cheeseburger

6.99 Single / 8.99 Double

Maple Glazed Bacon, Smoked Gouda, & Lettuce

Specialty Sandwiches

Whole 7.99, Half 5.49

Substitute French Fries or Side Salad for only 1.99

Substitute Sweet Potato Fries 2.49

Meatloaf Sandwich

Meatloaf, Mashed Potatoes, & Gravy

Chicken Shawarma Sandwich

Chicken, Lettuce, Cucumber, Tomato, Onion, & Olives

Tuna & Cheddar Melt

Tuna Salad, Cheddar Cheese, & Tomatoes

BLT

Bacon, Lettuce, Tomatoes, & Mayo

Reuben

Corned Beef, Swiss Cheese, Sauerkraut, & 1000 Island

French Dip

Roast Beef, Provolone, Mushrooms, & Red Onions with Au jus

Jake

Turkey, Cheddar Cheese, Bacon, Mushrooms, & Honey Mustard

Chicken Cheesesteak

Chicken Breast, Cooper Cheese, Caramelized Onions, & Banana Peppers

Cow Kicker

Roast Beef, Jalapeno Peppers, Roasted Red Peppers, Pepper Jack Cheese, Lettuce, & Sriracha Mayo

Bleu Waldorf

Chicken Salad, Candied Walnuts, Bleu Cheese Apple Butter, & Lettuce

Cheesesteak Sandwich

Chopped Steak, Cooper, Onions, Peppers, Mushrooms, & Mayo

Holstein Favorite

Chicken Breast Smothered in Ranch Dressing, topped with Mushrooms, Bacon, & Provolone Cheese

Pesto Bardrock

Chicken Breast, Basil Pesto, Roasted Red Peppers, & Provolone Cheese

Buffalo Chicken

Chicken Breast, Buffalo Sauce, Bleu Cheese, Lettuce, Tomatoes, & Red Onions

Wilbur

Ham, American, Lettuce, Tomato, Onion, & Honey Mustard

Harvest

Smoked Gouda, Olives, Cranberries, Lettuce, & Greek Dressing

Daily Specials

Lunch Specials 11-2 \$1 Off Menu Items

Monday: Grilled Cheese & Soup

Tuesday: **Chicken Shawarma Sandwich**


Wednesday: Free Fries with Sandwich/Burger

Thursday: **Meatloaf Sandwich**

Friday: **Salad of the Sea**

Saturday: Buffalo Chicken Mac & Cheese

Soup Specials

Monday: **Tomato** 

Tuesday: **Cordon Bleu**

Wednesday: **Creamy Corn Chowder** 

Thursday: **Cheeseburger Soup**

Friday: **Clam Chowder**

House Soup: **Broccoli & Cheese** 


Soup

3.49 Cup / 3.99 Bowl

1/2 Sandwich with a Cup of Soup or a Small Salad with a Cup of Soup \$6.99

Kids Menu

Sandwiches Served with chips and a pickle
4.49

Macaroni & Cheese 

Grilled Cheese
American or Cheddar

Kid's Deli

Choice of Ham, Turkey, or Roast Beef with Lettuce,
Tomato, Onion, & Mayo

PB&J
Peanut Butter & Jelly

Fluffernutter
Peanut Butter & Fluff

Hot Dog

Macaroni & Cheese

Traditional Mac 6.99/4.49 
Cheesy & Delicious

Buffalo Chicken 8.99/5.99 
Roasted Chicken, Buffalo Sauce, Bleu Cheese, & Ranch

Cheesesteak 8.99/5.99
Chopped Steak, Onions, Peppers, & Mushrooms

Bacon Cheeseburger 8.99/5.99
Ground Beef, Bacon, Onions, & Tomatoes

Taco Mac 8.99/5.99
Ground Beef, Taco Seasoning, Jalapenos, Salsa, & Sour Cream

Pickle Mac 7.99/5.49
Dill Pickles, Garlic & Ranch

Salads

Salad of the Sea \$7.99

Mixed Greens, Tuna Salad, Red Onions, Olives, Green Peppers,
Cucumbers, Tomatoes, & Feta Cheese with Greek Dressing

Barnyard 7.99

Mixed Greens, Chicken Breast, Bacon, Egg, Tomatoes,
Cucumbers, Cheddar Cheese, & Crumbled Bleu Cheese

Chef 7.99

Mixed Greens, Ham, Turkey, Cucumbers, Egg,
Tomatoes, Red Onions, & Shredded Cheese

Greek 7.99

Mixed Greens, Salami, Red Onions, Olives, Green
Peppers, Cucumbers, Tomatoes, & Feta Cheese

Chicken Caesar 7.99

Romaine, Asiago Cheese, Homemade Croutons, &
Caesar Dressing

Buffalo Chicken 7.99

Mixed Greens, Buffalo Chicken Breast, Onions,
Tomatoes, & Bleu Cheese Crumbles

Side Salad 3.49

Mixed Greens, Onions, Tomatoes, Cucumbers, Shredded
Cheese, & Croutons

Dressings- Ranch, French, Italian, Honey Mustard,
Caesar, Bleu Cheese, Balsamic, 1,000 Island, Homemade
Greek

Extra 0.50

The Flying Cow



(570)265-3337

www.theflyingcow.weebly.com

Specialty Sandwiches ~ Burgers

Salads ~ Soups ~ Desserts

Winter Hours

Monday - Friday: 6am - 3PM

Saturday: 8am - 2PM

Sunday: Closed